

Achievements to date (2022 – 2024)

Figures as of December 2024

PROJECT AT A GLANCE

Project Goal:

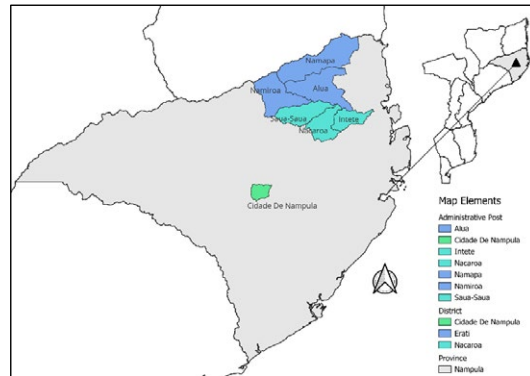
Contribute to improved food security and the reduction of malnutrition in women of reproductive age and children in Mozambique.

Objectives:

1. To increase access to and consumption of healthy diets.
2. To increase resilience of household members, particularly women of reproductive age and children, to price and climate change-related shocks and stresses.

Project Reach and Target Groups:

- Total reach – **532, 575**
- Women of reproductive age (WRA, 15-49 years) – **1,205**



Donor: Ministry of Foreign Affairs, Netherlands

Funding (EUR): 8.5 million

Term: 2022-2026

Where we work: Éрати, Nacarôa and Nampula Districts (Nampula Province).

Project Description

The **Catalyzing Strengthened policy Action for Healthy Diets and resilienceE (CASCADe)** project is strengthening Mozambique’s food and nutrition security by fostering collaboration among government, the private sector, and communities. **CASCADe** frames its activities in Mozambique’s national Food and Nutrition Security Strategy 2024-2030 and the National Strategy of Food Fortification 2023-2027. The project focuses on reinforcing government capacity for policy coordination, fostering collaboration between the public and private sectors to strengthen nutrition-related businesses, and empower community-based organizations to advocate for better nutrition and agricultural services. These efforts are complemented by ensuring that nutritional outcomes are considered within agriculture and health interventions. Crosscutting to its work, **CASCADe** is supporting both policymakers to make evidence-based decisions and stakeholders working across Mozambique’s food and nutrition security landscape.

How we Work

CASCADe is improving coordination, functionality and accountability of food and nutrition multi-sectoral committees at the provincial and district levels through workshops and regular meetings. These efforts aim to develop joint action plans in line with national nutrition policies and priorities. **CASCADe** is also collaborating with the national and provincial Food Fortification Committee to develop and disseminate best practices and standards for private service providers in the production, safety and accessibility of fortified foods. Finally, **CASCADe** is working with community structures to promote dietary diversification through growing, purchasing and consuming nutrient-rich foods. With the confluence of these actions, **CASCADe** aims to strengthen the enabling environment for adequate, responsive and sustainable nutrition services in communities as well as improved nutrition practices in households.

Key Milestones and Achievements

- Revitalized four food and nutrition multi-sectoral committees across the target districts.
- Established and operationalized 75 Farmer Field and Business School groups.
- Launched the Communication, Advocacy, and Resource Mobilization Strategy for Food Fortification (2024-2029).
- Collaborated with the provincial Food Fortification Committee to develop a support plan for the implementation of its activities.
- Integrated the Village Savings and Loan Associations Model into 75 Farmer Field and Business Schools.
- Facilitated the expansion of the Ministry of Health's comprehensive Nutrition Intervention Package, health and nutrition services targeting women of reproductive age and young children, across 75 communities.
- Mapped and established partnerships with 14 women's collectives to promote community-driven development for nutrition.

STORY OF CHANGE

The **CASCADE** project played a central role in the approval of Mozambique's third **Food and Nutrition Security Strategy** (ESAN III), covering the period from 2024 to 2030. This landmark policy framework aims to address pressing food security and nutrition challenges in the country while promoting sustainable and resilient food systems that support healthy diets.

The advocacy journey was marked by strategic engagement with key stakeholders, including the Ministry of Agriculture and Development, Ministry of Health, Ministry of Industry and Commerce, civil society organizations, and development partners. Through a series of consultative workshops, high-level policy dialogues, and evidence-sharing sessions, the **CASCADE** team emphasized the importance of aligning ESAN III with international commitments like the Sustainable Development Goals and the African Union's Agenda 2063.

The approval of ESAN III signifies a major step forward in strengthening Mozambique's policy environment for improved food security and nutrition outcomes. **CASCADE's** advocacy efforts not only influenced the adoption of a holistic and inclusive strategy but also set a foundation for scaling impactful initiatives nationwide.



Further Information



<https://www.care.org/our-work/food-and-nutrition/nutrition/cascade/>

Contact Information

cascade@carenederland.org



Ministry of Foreign Affairs

